

“Life is more bearable at times when you know others have similar thoughts and feelings.”

– John, loss of spouse

“The death of our child was devastating. The most helpful thing we did was to attend Edina Coalition for Grief Support. Sharing our grief, fears, confusion and questions with other parents who were dealing with many of the same issues and receiving their support and understanding, as well as interacting with parents who had lived with their loss for a longer time, was invaluable to us.”

– Margaret & Gerry, loss of adult child

“After losing my mother, Edina Coalition for Grief Support was the lifeline which kept me afloat. It helped me wend my way through the maze we call personal loss and anchored me when the storm was at its fiercest.”

– Andrea

“Those of us in our grief support group have been told that the task ahead for us could be described as a “new journey.” To prepare for any trip we wish to take, why not consult with someone who has already taken the trip. With the dedicated speakers who make themselves available to us to address areas of our concern, we are able to get comforting help in our own journey.”

– Otto, loss of spouse

DONATIONS

Donations fund the work of the Edina Coalition for Grief Support. Operating expenses, including speaker fees, written materials, facilitator training, are partially covered by contributions from our supporting churches, organization and business. Please contact us at Edinacoalition@gmail.com if you are interested in donating.

SUPPORTING MEMBERS

Chapel Hills United Church of Christ
Church of St Patrick – Edina
Colonial Church of Edina
Cremation Society of Minnesota
Edina Community Lutheran Church
Good Samaritan United Methodist Church
The Hilltop Restaurant
Jerry’s Foods
Lutheran Church of the Good Shepherd
N.C. Little Hospice
Normandale Evangelical Lutheran Church
Our Lady of Grace Catholic Church
Washburn- McReavy Funeral Chapels

EDINA COALITION FOR GRIEF SUPPORT

MEETINGS

2020-2021

“I found people who held my hand as I dealt with my grief. It helped me to not only survive, but to live my life.”

PURPOSE

Coping with the death of a love one can be one of the most difficult challenges we face. Understanding the grief process and sharing with other individuals in a supportive and caring environment can lead to acceptance, personal growth and recovery.

In an effort to help participants move forward with their lives, the Edina Coalition for Grief Support offers a short-term program for adults who are experiencing grief due to the death of a love one. The focus is on education and group support in a safe and confidential environment. We are a non-denominational group inclusive of all backgrounds.

PRESENTATIONS

Professional therapists, former participants, and others knowledgeable about grief provide information about the effects of grief and its healthy resolution.

SMALL GROUP DISCUSSION

The small group provides a safe and confidential place for discussion, support and connection. Groups are organized by individual loss: spouse loss, child loss, family/friend loss. A trained facilitator who has experienced personal loss leads each group.

MEETINGS

Our meetings are held most Thursdays during the year and are led by trained volunteers. You may join at any time during a series. Edina residency is not necessary.

All of our meetings are currently being held virtually online.

We will resume in-person meetings when it is safe to do so.

Speaker	4:30 pm
Small Group Discussion	5:00 pm
Adjourn	6:00 pm

Please register via our website:
Edinagriefsupport.org

Once you have registered you will be sent information via email about joining the weekly meetings.

You can download this brochure from our website.

FOR MORE INFORMATION:

Bonnie Cool 612-382-6504
Edinacoalition@gmail.com

FALL 2020

October 1 – December 17, 2020
(No Meeting November 26)

WINTER 2021

January 7 – March 25, 2021

SPRING 2021

April 8 – June 24, 2021
(No Meeting April 1, May 27th)

SUMMER 2021

July 8 – September 30, 2021
(No Meeting July 1 and Sept 2)

FALL 2021

October 7 – December 16, 2021
(No Meeting November 25)

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